

# Protein Boost



**Natural pork extract that's high in protein, carbohydrate-free and can be used to boost a balanced diet for healthy wellbeing.**

**Pack Size:** 500g Granules (natural pork). 50 servings  
**Directions For Use:** Protein Boost can be used directly from the container – a teaspoon at a time is often enough. It can be added to soups or scrambled eggs and used in place of breadcrumbs. Add salt and spices to your taste.

## Key Features and Benefits:

- High quality pork extract that's high in protein and contains no carbohydrates.
- Can be used to support healthy wellbeing when used as part of a healthy, balanced diet.
- Assists active people in maintaining energy levels and decreasing hunger.
- Contains no added sugar and is a great carbohydrate replacement.
- Mild flavour, can be added to soups, scrambled eggs or used in place of breadcrumbs.
- Source of healthy monounsaturated and polyunsaturated fats.
- Free from artificial colours and flavours.
- Non-homogenised, deodorised or hydrogenated.
- Gluten-free.
- Product of Australia.

## Ingredients:

Meat extract (pork).  
Servings per pack: 50  
Serving size: 10g

Nutritional Information	Per 10g serve	Per 100g	Nutritional Information	Per 10g serve	Per 100g
Energy*	231kJ	2310kJ	Natural trans fat**	0.02g	0.2g
Protein	4.7g	47.4g	Cholesterol	8.7mg	87mg
Fat - total	4.3g	43g	Carbohydrates - total	0g	0g
- Saturated	2.0g	20.4g	Sodium	59.5mg	595mg
- Monounsaturated	1.72g	17.2g			
- Polyunsaturated	0.54g	5.4g			

\*Produced as part of the animal's normal digestive process.

\*\*Natural trans fats, which include conjugated linoleic acid (CLA) and vaccenic acid, originate in the rumen of these animals. Unlike man-made trans fats, natural trans fats may have beneficial effects on human health.

Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. Vitamin supplements should not replace a balanced diet.

For training purposes only. Not for distribution to the general public. For practitioner dispensing only.

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