

Healthy Bite Bars



A healthy, delicious and satisfying nutrition bar with beneficial bacteria, whey protein and all natural ingredients for a snack, energy boost or meal replacement.

Pack Size: 10 x 60g bars

Serving Suggestion: Enjoy as a meal replacement, snack or energy boost.

Key Features and Benefits:

- Quick and convenient snack or meal for a busy lifestyle.
- Contains all natural ingredients including organic cacao, coconut oil and Belgian dark chocolate.
- Live food with multistrain lactobacillus and fructooligosaccharides (FOS).
- Low in total refined sugar and source of undenatured whey protein for sustained energy.
- Contains pumpkin seeds and chemical free sesame seeds.
- Source of the important amino acids glycine, lysine and proline.
- NO high fructose corn syrup, artificial sweeteners or soy protein.
- NO preservatives, stabilisers or unhealthy fats.
- Naturally sweetened with raw honey and rice malt.

Ingredients:

Dark chocolate (72%), raw honey, pumpkin seeds, rice malt, whey protein (undenatured), chemical free sesame seeds, organic prunes, organic coconut, Dutch cocoa, multistrain lactobacillus with FOS, organic coconut oil, flax meal, organic cacao, rice bran, waterhulled tahini, ginger root, sea salt, glycine 1500mg, proline 1000mg and lysine 500mg.

Nutritional Information	Per 60g serve	Per 100g	Nutritional Information	Per 60g serve	Per 100g
Energy	1116kJ (267cal)	1860kJ (446cal)	Carbohydrates	23.41g	39.03g
Protein	8.83g	14.71g	Sugar*	13.24g	22.08g
Fat – total	15.42g	25.7g	Fibre	4.62g	7.7g
Saturated	7.2g	12g	Sodium	15.3mg	25.5mg

*No added sugar

Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. Vitamin supplements should not replace a balanced diet.

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